

Welcome to the "Conflict Resolution" training course. The course consists of 3 sections: Anatomy of Conflict, Resolution Road Map, and Deepening Conflict Resolution skills. Complete each module before moving on to the next section. Below is the introductory video that will explain the course content. Enjoy the course! Download the [notebook tool](#) to use as a supplement to the course.

*All Modules are sequenced and must be completed in order. View the video below. Click the play arrow in the center of the video screen to begin.*